Do It Afraid!

Our island friends must face their greatest fears in order to rescue Miss Ruby and escape the strangle-hold of Ichabone Slink. They learn another of Miss Ruby’s lessons about following the Creator. Will they also earn the mysterious treasure?

Never Alone

The friends go camping only to discover the jungle can be a scary place—especially when you get lost by yourself. They learn a secret about being truly alone and meet a new friend. But will they be able to find each other and their way home?

For more information about Pahappahooey Island, visit www.joycemeyer.org/ruby and www.PIkids.tv
Ali — a sweet young girl who loves adventure, her friends, and the Creator

Captain Hobbs — a swashbuckling frog who loves to eat

Hacksaw — a busy beaver with a knack for wacky scientific inventions

Millard — a curious penguin always searching for treasure

Miss Ruby — a spirited lioness who guards the Book with the Creator’s words

Guiseppe — the spirited alligator chef on the Island known for his fine Italian cuisine

Mama Mia — Guiseppe’s alligator Mama known for her generous portions of ravioli and caring advice

Ichabone Slink — a snaky, slithering enemy of the Creator with more tricks than scales

Flinch — Slink’s batty sidekick who has a conscience, but no backbone
Dear Parents

In this devotional, talk with your children about the difference between being afraid and trusting God anyway. Our key verse says, “When I am afraid” not “If I am afraid”. We will be scared. How will we react when we are? Will we “do it afraid” like Miss Ruby urges us?

In “Do it Afraid”, the friends face their greatest fears. They decide to face their fears even while they are afraid. They take Miss Ruby’s advice and “do it afraid.”

1. With Mom or Dad’s help, match the fear to the friend.

<table>
<thead>
<tr>
<th>Millard</th>
<th>Chickens</th>
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<tbody>
<tr>
<td>Ali</td>
<td>Karaoke</td>
</tr>
<tr>
<td>Hacksaw</td>
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2. What is your greatest fear?
   Talk about a time you felt very afraid. Act out what you did when got scared.

3. Mom or Dad, what is your greatest fear? Talk about it and act out your response.
   Being afraid is a part of life.
   That’s why Psalm 56: 3 and 4 says:

   When I am afraid,
   I will put my trust in you.
   I praise God for what he has promised.
   I trust in God, so why should I be afraid?
   What can mere mortals do to me?

   Psalm 56:3, 4 NLT

4. Read Psalm 56:3 out loud six times—once for every friend on Pahappahooey Island. If you want, imitate a different friend each time.

   Can you talk and act like Hacksaw or Guiseppe?

Try it!
Dear Parents:

So many fears come out in the dark and in our rooms—monsters in the closet, ghosts under the bed, nightmares, and creepy shadows on the wall. Give your children daily reminders of trusting God by encouraging them to make light switch covers for their rooms.

Supplies
Crayons or markers
Child-safe scissors
Tape

Note: you could make the cover more permanent by laminating your child’s creation.

Directions
1. Unscrew the light switch cover from the wall.
2. Color the project attached
3. Cut out the project attached
4. Use tape to apply the cover
5. Poke the screws through the coloring page
6. Re-attach to the wall

Ways to use the light switch cover to your advantage:
Before you leave your house, call “light patrol.” Your children move quickly through the house making sure every light is off. When they check the lights in their rooms, they must stop and say, “When I am afraid, I will put my trust in you!”

At night before bed, make the light switch part of your routine. Stand together at the light switch and repeat Psalm 56:3 together, ask the child to flip the switch, then continue the tucking in process.

When your child is afraid in the night or has a bad dream, add Psalm 56:3 to your comforting routine. The light switch could even be a touch point.
How would Captain Hobbs do on this boat?

In most adventures on Pahappahooey Island, our friends sail away to find treasure … or trouble. Captain Hobbs loves to tell stories of his favorite experiences on the waves of the ocean.

Jesus sailed on many boats. Many of His friends—called disciples—were fishermen. One time, Jesus and His disciples sailed away, but the disciples were very afraid.

Take these instructions to heart in a fun way. Invite your children to talk about God’s word “when you lie down and when you get up” by creating a door hanger for their bedrooms.

1. Read Mark 4:35–41
2. Act out the story as a family. Pile everyone on the sofa or bed and kick up a storm.

3. What did Jesus tell the disciples to do?
   a. Go out into the middle of the Sea of Galilee and wait for a storm
   b. Cross over to the other side
   c. Sail around until morning
   d. Drop anchor and sleep

Jesus told His disciples to cross over the Sea of Galilee. He knew where they were going. He knew they would get there.

4. Why do you think Jesus slept through the storm? (Everyone in the family should answer.)

5. Which do you think was more scary: the storm or Jesus calming the storm? Why?

6. When you are afraid, do you feel like you’re in the middle of a storm? What type of storm?
   Describe or act out.


8. How should you act when you are afraid?

9. Read the question the disciples asked in verse 41. How would you answer that question?

10. Close in prayer. Ask God to help you trust Him when you are afraid.
Dear Parents:

In “Never Alone”, our Pahappahooey friends learn the importance of walking with the Creator when they’re afraid. This craft project is a tangible way to create a memory and teach the lesson of walking one step at a time.

Supplies for each person participating:
Six paper lunch bags, white works best
Markers
Sand (or flour)
Six teatlight candles

Supplies for parents only:
Long grill lighter or long fireplace matches. (Note: Only a parent should handle the lighter at all times.)
Working flashlight, just in case.

Directions
1. Ask each family member to draw and color what makes him or her afraid—one fear per bag.
2. When finished with art work, open all the bags
3. Fold over the top of the bag to give a clean edge.
4. Place 1-inch of sand or flour in the bottom of each bag. (If using flour, a few drops of water on top will help settle the dust. Don’t over-wet or the bag will tear.)
5. Place one tea light in each bag
6. At dusk, place the bags in a line along your sidewalk, driveway, or on a path around your yard. Don’t place them too close together. Place them far enough apart so that at dark, it will be difficult for a child to see the next bag.
7. Wait until it is very dark.
8. As a family, walk to the first luminary. Ask the family member who drew the picture to describe the picture.
9. Light the candle inside.
10. As a family say, “Your Word is a lamp unto my feet and a light unto my path. Psalm 119:105.”
11. Walk to the next luminary and repeat the process.
12. Once all the luminaries are lit, walk the path again slowly.
13. Sit near the luminaries and talk about what you’ve learned.
14. Clean up.

Questions
1. The first time we walked the trail, could you see all the bags? Why not?
2. After we lit the candles, could you see the bags? Why?
3. Did those candles put out a LOT of light or just a LITTLE light?

When the Bible says, “Your Word is a lamp unto my feet and a light unto my path,” it is not talking about big spotlights that light up dozens of yards. It’s talking about small lamp that lights up a few feet. Open your hand. The lamp the writer is talking about would fit in the palm of your hand.

4. As we were lighting the candles, did we walk fast or slowly? Why?
5. After all the candles were lit, did we walk fast or slowly? Why?
6. If your opinion, how should we walk when we’re afraid? (Let each member of the family answer.)

“Your Word is a lamp unto my feet and a light unto my path.”

7. What is the light?
8. What do our friends on Pahappahooey Island call it?
9. How is it the light?

When we are afraid, feel alone, or don’t know what to do, we should go to The Creator’s Book and read what He says. Mom or Dad can help you.